

PHYAC Volunteer Roles and Responsibilities

The Public Health Youth Association of Canada is a newly formed by-youth-for-youth organization, founded with the belief that public health education is an often lacking component of secondary and post secondary curriculums. PHYAC aims to educate, empower, and enable youth to take action in addressing complex health challenges within their community and across Canada. Together, we can equip the next generation of public health leaders with the foundations to cultivate sustainable and equitable health change.

We are currently recruiting youth volunteers aged 15-30 from across Canada to be involved in the rollout of our programs and initiatives. This is a unique opportunity for those with a background or interest in public health to gain public health related experience in health promotion and education, policy, and advocacy.

If you are interested in applying to any of the following positions, please forward your resume and brief letter of interest (outlining the position you are applying to and any relevant experience that you bring) to contact@phyac.com by December 4th, 2020.

Public Health Educators:

- Responsible for understanding the foundations and fundamentals of public health, how to pursue a career in public health, and educating Canadian youth on these topics
- Develop a 30-45 minute presentation (including Q&A period) which introduces students to the field of public health (will be given an outline)
- Facilitate the presentation in highschool classrooms across Canada (via Zoom)
- Facilitate the Q&A discussion
- **Commitment:** *One 1-hour team meeting per week and independent work time to create, practice, and facilitate the presentation (approx 2-3 hours per week). The presentation facilitation will be flexible and accommodated to fit your schedule*
- *Must have some availability during school hours (8 am - 4 pm) during weekdays*

Health Promotion Infographics and Content Creation Working Group:

- Research and create evidence-informed infographics on health promotion topics (such as nutrition, physical activity, mental health, etc.) that will be posted to relevant social media platforms
- Responsible for conducting background research on public health topics (such as social determinants of health, health equity, etc.) and translating this research into understandable terms for students, displaying it in a 1 page evidence summary. This research will be posted to our website as a resource for youth.
- **Commitment:** *One 1-hour team meeting per week and 1-2 hours of independent work researching and creating infographics and 1 page evidence summaries.*

Video Editors:

- Looking for those with an interest or background experience in creating youtube videos or other short videos using editing software
- Experience with Animaker and MovieMaker would be advantageous
- Given video clips, you will be responsible for editing and creating videos for our youtube channel which will provide short-evidence informed educational videos for youth on public health topics
- If interested and comfortable, you may also be given the independence to record your own videos
- **Commitment:** *One 1-hour team meeting per week and 1-2 hours of independent work editing and creating youtube videos*

Health Policy Solutions Working Group:

- An exciting opportunity for those interested in gaining experience in health policy creation and research analysis, you will be responsible for conducting thorough background research on public health issues and generating policy recommendations informed by the best available evidence
- You will develop 1 page policy briefs based on your research and recommendations
- These policy briefs will be posted on our website
- Must be knowledgeable on the health system in Canada and how public health and health care services are managed and delivered jurisdictionally (at the local, provincial, and federal level) to inform your policy recommendations
- Volunteers will be given background information and training on developing a policy brief, no prior experience in policy creation is required but looking for volunteers who are comfortable with research (through school classes, extracurriculars, and/or work)
- **Commitment:** *One 1-hour team meeting per week and 1-2 hours of independent work on research and policy briefs*