



Photo: Plan International

SOPHIA

"My fourth child was born with a birth weight that was higher than that of all my other children. We are very happy about this."

Sophia, mother of four, never accessed professional antenatal care, institutional deliveries or post-natal care until her fourth pregnancy. The project trains community health workers to advise pregnant women on the importance of birth preparedness planning and accessing antenatal care.



Uzazi Salama Rukwa



Project Purpose

This gender transformative project aimed to improve the health outcomes of women, adolescent girls and newborns through enhancing access to and raising awareness of Maternal and Newborn Health (MNH) and Sexual and Reproductive Health and Rights (SRHR)


Designed to Achieve

The Project addressed the main causes of maternal and newborn mortality and morbidity by:

- increasing the utilization of MNH/SRH services
- improving the availability and quality of MNH/SRH services

% of women aged 15-49, with a live birth, who received antenatal care by a skilled birth provider **at least four times** during pregnancy **increased from 59% to 69%**

% of live births attended by skilled health personnel **increased from 79% to 91%**



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