



“
I'm pushing to teach and change the whole village to become open defecation free (ODF) because even if my house is clean, if the neighbors are sick, it is easily communicable.
”

- **AYALEW SEIFU**,
A leader in the community's water management committee in Oromia region

Some men who participated in GROW activities started taking on new household responsibilities (especially when their partners were away, pregnant, or breastfeeding), creating more balance in the gendered division of labor. They also became more comfortable discussing nutrition and accompanying their children and wives to growth monitoring and promotion sessions, which rarely happened before the program. Joint decision-making and women's confidence in negotiating with their partners improved from baseline to endline.

Growing Nutrition for Mothers and Children (GROW)



Project Purpose

To address malnutrition of women and children in **Ethiopia**.



Designed to Achieve

Improved nutritional status of women of reproductive age and boys and girls under 5 in Ethiopia.



Incidence of diarrhea and waterborne disease among children **decreased.**



21%
Increase in **infants** receiving minimum dietary diversity.



27%
Increase in dietary diversity among **women**.



20%
Increase in exclusive breastfeeding of **infants up to six months of age**.

Visit [Care.ca](https://care.ca) to learn more.



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